



At times, the quality of our lives can be compromised by our body's ability to cope. If your life has been affected by pain, an accident, sports injury, surgical intervention, fracture, joint or soft tissue problem - Touch Physio can help.

Based in Newbury, Touch Physio offers a friendly, professional service delivered by a chartered physiotherapist, providing one to one rehabilitation.

At Touch Physio the aim is to treat the source of your problems not just the symptoms by giving you a comprehensive holistic assessment, taking account of your previous medical history, work and personal demands, interests and goals.



At Touch Physio you are considered as an individual not a statistic. Therapy is given on a personalised basis to make your treatment programme as unique as you are. Injured or sore? To find out more...

Contact 01635 32806 or [enquiries@touchphysio.co.uk](mailto:enquiries@touchphysio.co.uk). For further information visit [www.touchphysio.co.uk](http://www.touchphysio.co.uk).